



Press Release

FOR IMMEDIATE RELEASE

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CHRIS WILSON SHARES HIS MASTER PLAN AT OAR AUTHOR Q&A

FAIRFAX, VA — OAR hosted a free virtual Q & A with author Chris Wilson on Wednesday November, 18 2020 @ 7:00pm. The dynamic discussion pertained to author Chris Wilson’s book, *The Master Plan*, which detailed his journey from incarceration for murder through the stages of remorse, accountability, growth, and finally release. Mr. Wilson spoke of his experiences as a young man as well as the conditions and decisions leading to his crime and arrest. He then explained the erroneous thought processes that he had to address while incarcerated and spoke about the value of positive relationships, determination, and then need for support from the community. Mr. Wilson also spoke of his efforts to establish a positive and productive life after incarceration. Mr. Wilson is now an artist, entrepreneur, author, and strategist for justice-involved individuals who want to start over. One goal Mr. Wilson was quite passionate about was helping to “lead others out of the cave”, relating the story of Plato’s Cave to his own experience, and the risk of “going back into the cave” to help others like him see beyond the shadows. Mr. Wilson hopes his book can act as a roadmap for others who are incarcerated first and foremost while also acting as a personal account of the variables that can lead people to commit such crimes. Several members of the audience asked questions via the OAR mediators, Brandon Cosby and Hannah Duffy.

About OAR

OAR is a local non-profit restorative justice organization providing human services since 1971. Our mission is to rebuild lives and create a safer community with opportunities, alternatives, and resources for justice-involved individuals and families. OAR provides jail and community-based services to individuals and families involved in the justice system.

More information about OAR can be found at www.oarnova.org or by calling (703) 246-3033.

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