

VOLUNTEER OPPORTUNITIES BY PROGRAM

Reentry & Family Services Program (RFS)

Mentors: Volunteers mentor inmates before and after their release from the county jail. Mentoring pairs are matched based on age, interests and need. **15-month commitment** (3 months inside the jail; 12 months in the community). **Minimum Age**: 21 **Time Commitment**: 2 hrs./wk.

Database Assistant: Assist staff with the administrative tasks involved in maintaining and growing an accurate database of area employers. **Minimum age**: 21 **Time Commitment**: 2 hrs./wk. (during office hours)

Resume Writer: Assist the team by working with clients to craft properly-formatted, well-written resumes that will help clients get job interviews and to assist clients with employment-focused computer training. **Minimum Age:** 21 **Time Commitment:** 2 hrs./wk.

Family Support Group Facilitator: Co-Facilitate the Family Support Group Meetings on the 2nd and 4th Mondays of the month with an RFS Case Manager. **Minimum Age**: 21 **Time Commitment**: 4 hrs/month

Alternative Sentencing Program

Court Room Volunteer: Judges refer non-violent, first-time offenders to OAR for community service placements as an alternative to incarceration. Volunteers serve in the courtroom Monday through Friday to assess prospective clients' eligibility and process court documents. **Minimum Age:** 21 **Time Commitment:** 4 hrs./wk.

VIP Facilitator: Volunteers work with trained staff to facilitate groups in a state certified "Violence Intervention Program" for clients with domestic violence charges. **Minimum Age**: 21 **Time Commitment**: 4 hrs./wk. (T-W-or-Thur. Evenings)

SPP Facilitator: Volunteers work with trained staff to facilitate a "Shoplifting Prevention Class." Students explore and discuss the impact of shoplifting on the community and are challenged to change their behavior and attitude towards shoplifting. **Minimum Age**: 21 **Time Commitment**: 4 hrs. per class (2-3 classes monthly, flex schedule based on the volunteer's availability)

Volunteer Program

Family Outreach Coordinator: Coordinators serve during weekend visiting hours at the county jail. Coordinators listen, answer questions, and provide information about OAR programs that serve clients and their families. **Minimum Age:** 21 **Time Commitment:** 2 hrs. per wknd at least twice per month

Service Coordinator: Coordinators, in a professional welcoming spirit, provide program information, help clients connect with services, schedule appointments and maintain the front desk/lobby area. Position requires computer skills and the ability to multi-task. **Minimum Age**: 21 **Time Commitment**: 4 hrs./wk.

Guest Speaker: OAR is constantly seeking guest speakers/instructors for our Continuing Education Classes. Speakers share their professional expertise in areas pertaining to OAR's programs and services (Mental Health, Criminal Justice, Social Services, etc.). Classes meet once every other month for 1 hour. (**As Needed**)

Board Member: Board member responsibilities include fundraising, financial oversight, strategic planning, staff oversight and evaluation. (Board meets once every two months) **Time Commitment:** 3-6 hrs./Monthly

Database Assistant: Provide administrative support to OAR Program Managers and Staff. **Minimum Age:** 21 **Time Commitment:** 2-4 hrs./per wk.

RV: 3.5.20

Volunteer Opportunities: (cont.)

Jail Programs (JP)

ADC Instructors: OAR offers over 30 classes for inmates inside the county Adult Detention Center. Volunteers serve as Instructors/Facilitators in the classes listed below. **Minimum Age**: 21 **Time Commitment**: 3 hrs./wk.

ADC Classes:

<u>Life Skills (females)</u>: Students explore and discuss budgeting, decision making, mental health, communication and more. Class meets once a week for 6 weeks.

<u>Life Skills (males)</u>: Students explore and discuss budgeting, decision making, mental health, and communication. Class meets once a week for 4 weeks. (Spanish Class meets once a week for 7 weeks).

<u>Parenting (females)</u>: Students explore and discuss the stages of childhood development, punishment versus discipline, communication and more. Class meets once a week for 6 weeks.

<u>Fatherhood (males)</u>: Students explore and discuss the role of the Father in the family, the challenges of parenting after separation, stages of childhood development, communication, discipline and more. Class meets once a week for 8 weeks.

Keyboarding: Training is designed to teach finger placement, knowledge of letter placement, and increase typing speed. Students are enrolled until a basic "words per minute" ratio is met.

Class meets once a week for a maximum of 12 weeks.

<u>Basic Computer Skills</u>: The class helps students develop basic computer skills in four Microsoft Office Programs, Word, Excel, Power Point and Outlook. Class meets once a week for 10-12 weeks

Anger Management: The class helps students identify the beliefs, triggers, thoughts and feelings in their personal "Cycle of Violence". Students discover practical tools and techniques to break the cycle. Class meets once a week for 7 weeks.

Employability Skills: Students focus on exploring career goals, preparing job applications, designing resumes and cover letters, and practicing interviewing skills. Class meets once a week for 6 weeks.

<u>Impact of Crime (IOC)</u>: This restorative justice class is part of an educational and rehabilitative program designed to assist offenders in taking responsibility for the crimes that they have committed. Class meets twice a week for 8 weeks.

<u>Workplace Skills</u>: Students explore and discuss skills required for success on the job, with an emphasis on cooperative work relationships, decision making and critical thinking in the work place. Class meets once a week for 6 weeks.

<u>Money Smart</u>: Students explore and discuss topics such as budgeting, savings, insurance, cash flow, investments, Social Security, credit and other money matters. Class meets once a week for 5-7 weeks.

<u>Orientation Class</u>: Eligible inmates receive basic information about available OAR classes and the enrollment process at the Adult Detention Center. Class meets once a week throughout the year.

"Training, Coaching and Continuing Education is provided for all Volunteers"

**Unpaid Internships are available in most programs