MISSION

The mission of OAR is to rebuild lives and create a safer community with opportunities, alternatives, and resources for justice-involved individuals and their families.

FAMILY SUPPORT GROUP

The Family Support Group offers a safe environment for the family and friends of those incarcerated to meet with one another and a trained facilitator to share their experiences and the challenges related to incarceration and the criminal justice system.

COMMON TOPICS OF DISCUSSION:

Navigating the court system

- What can I expect in the court process?
- Where can I access information related to court proceedings, lawyers, etc.?

The nature of incarceration

- What can I expect when I visit my loved one?
- What is life in prison/jail like?

Planning for release

- How do I prepare for my loved one to come home?
- How can I help them with housing and employment?

OAR will frequently invite speakers working in Criminal Justice, Probation, and other Legal and Social Service fields to provide their expertise.

OTHER FAMILY SUPPORT SERVICES

We at OAR believe that arrest and/or incarceration affects not only the individual involved with the criminal justice system, but also the families and loved ones of that person. Families and loved ones often have multiple struggles of their own when dealing with the criminal justice system. The Family Support Group is meant to be a source of support during this time.

Those with loved ones who are incarcerated have unique emotional needs. Time is regularly devoted to discussing self-care and stress management.

Family members may also be eligible for employment services. Employment services include resume preparation, interview skills workshops, job readiness training, employer referrals, and other work-related assistance.

Basic case management services are also available to the family members of individuals who are incarcerated. These services would include coordinating referrals for direct assistance with needs such as rent, utilities, food, clothing and other emergencies.

OAR PROGRAMS AND SERVICES FOR INCARCERATED INDIVIDUALS

Family members often ask about services available to ther loved ones while incarcerated. OAR offers numerous classes and programs for individuals at the Loudoun County Adult Detention Center. All services are free of charge and include programs such as:

- Anger Management
- Basic Computer Skills
- Employability Skills
- Fatherhood and Parenting
- Financial Planning
- Impact of Crime
- Life Skills
- Mentoring
- Orientation
- Release Planning

OAR programs and services are available for men and women. Some programs are available in Spanish. Incarcerated individuals can use a tablet request to sign up for programs.

FAMILY SUPPORT GROUP

PURPOSE

The Family Support Group is offered to adults who have loved ones that have been or are involved in the criminal justice system. The group is a place for families and friends to come for support, advice, and a listening ear. Group members discuss topics related to the criminal justice system, incarceration, and post-incarceration transitions. The group is facilitated by OAR's staff.

WHEN

The 2nd and 4th Monday of every month from 6:00 to 7:30 p.m. If you would like more information, you can contact us at info@oarnova.org.

WHY

To provide a safe place for family and friends to share common concerns, explore resolutions, and access resources.

COST

The group is offered at no charge.

WHERE

Microsoft Teams

For inquiries and further information:
Tel.: 703-246-3033
E-mail: info@oarnova.org
Website: www.oarnova.org

Mission Statement

To rebuild lives and create a safer community with opportunities, alternatives, and resources for justice-involved individuals and their families.

O·A·R
Established 1971

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OAR REENTRY AND FAMILY PROGRAMS PROUDLY SUPPORTED BY:

Rev. 2/14/20

O·A·R
Established 1971

BREAKING THE CYCLE OF CRIME WITH OPPORTUNITIES, ALTERNATIVES, AND RESOURCES

FAMILY SUPPORT GROUP

For families and friends with loved ones impacted by the criminal justice system

10700 Page Ave., Suite 200
Fairfax, VA 22030-4000

Held Virtually the 2nd and 4th Monday of every month from 6:00 to 7:30 p.m.

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